**“Report on Hands on Training on Herbal Formulations”**

The Department of Botany at Holy Cross College, in collaboration with Vivekananda College, Agastheeswaram, organized a comprehensive hands-on training session on Herbal Formulations on February 28, 2024, from 10:00 a.m. to 1:00 p.m. Renowned resource persons, Mrs. Saritha Jothi from Varma Asan, Kottaram, Kanyakumari, and Mr. Thenkarai Mahara Pillai from Melaputheri, Nagercoil - 1, spearheaded the session. Participants were guided through practical demonstrations in the preparation of various herbal products, including hair oil, ginger oil, and an oil specifically designed to alleviate depression. The event provided attendees with valuable insights into traditional herbal remedies and their contemporary applications.

No. of Beneficiaries: 200